



BRITSpA - 11th Annual Scientific Meeting

24th – 25th September 2025 – Ardencote Hotel, Warwickshire, CV35 8LT

| Wednesday 24th September 13:00 -18:15 | | |
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| 13:00 | Registration and posters | |
| Chairs: | Profs Helena Marzo-Ortega and Pedro Machado | |
| 14:00-14:15 | Welcome to members / Introduction | |
| 14:15-15:15 | Research updates: | |
| 14:15-14:30 | NASS update | Dr Dale Webb, CEO NASS |
| 14:30-14:45 | AStretch | Ms Claire Jeffries, Portsmouth |
| 14:45-15:00 | BASiC update | Prof Helena Marzo-Ortega, Leeds |
| 15:00-15:15 | IDEAL update | Prof Jon Packham, Nottingham |
| 15:15-16:15 | Award-winning abstracts and prizes | |
| 15.15-15.35 | Factors associated with time to diagnosis of axSpA in a UK population. A cross-sectional observational study. | Dr James Prior, Keele |
| 15.35-15:55 | MRI requesting and reporting in axSpA- an audit against the ASAS guidance. | Dr Jake Weddell, Leeds |
| 15:55-16:15 | Weekly adalimumab in Spondyloarthritis patients with secondary non-response and subtherapeutic drug levels - The Norwich experience. | Dr Abimbola Onajole, Norfolk & Norwich |
| 16:15-16:45 | Break | |
| 16:45-17:15 | State of the Art: 30 years of ASAS – lessons learned | Prof Désirée van der Heijde, ASAS |
| 17:15-18:00 | Mini symposium – modifiable life-style factors | |
| 17:15-17:35 | Is there a place for in-patient rehabilitation for axSpA in 2025? | Dr Ben Davies, Bath & Dr Mike Gough, Stanford Hall |
| 17:40-18:00 | Tackling obesity: a call to action for better health | Dr Jonathan Hazlehurst, Birmingham |
| 19:00 | Drinks reception and dinner | |
| Thursday 25th September 08:30 – 15:30 | | |
| Chairs: | Profs Helena Marzo-Ortega and Pedro Machado | |
| 08:30 | Registration and posters | |
| 09:15-09:45 | Transition and young adult care in rheumatology: a practical approach | Dr Rachel Tattersall, Sheffield |
| 09:45-10:15 | Understanding chronic pain: the psychology behind the experience | Prof Kevin Vowles, Belfast |
| 10:15-11:00 | Break | |
| 11:00-11.30 | Fuelling the fight: diet, inflammation and SpA | Dr Elena Nikiphorou, UCL |
| 11:30-12:30 | BRITSpA AGM | BRITSpA Voting Members only |
| 12:30- 13:30 | Lunch | |
| 13:30-14:15 | The Andrew Keat Medal and Lecture | Mrs Claire Harris, London |
| 14:15-14:45 | Year in Review: non-pharmacological treatment approaches | Mr Rhys Hayward, London |
| 14:45-15:15 | Year in Review: clinical science | Dr Nicky Goodson, Liverpool |
| 15:15-15:30 | Summary and close | |

Sponsors have had no input into the agenda of the meeting.

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